

Minutes (approved March 15, 2011)
Edina Community Health Committee
October 19, 2010, 6:30 – 8:30 pm
Sherwood Room, Edina Senior Center

Members Present: Mary Jo Kingston, Jan Johnson, Idelle Longman, Carolyn Peterson, Students
Francesca Sifferlin and John Beuerlein

Members Absent: Kumar Belani, Mark Johnson, Alan Lifson

Guests: Karen Zeleznak, Rose Jost, Lisa Brodsky, Sue Sheridan, Karen Stanley

WELCOME & CALL TO ORDER

Chair Kingston welcomed members and called the meeting to order at 6:30 pm.

APPROVAL OF MINUTES

Minutes from the September 21, 2010 meeting were unanimously approved by a motion from Member Peterson and second from Member J. Johnson.

GUEST SPEAKERS

Lisa Brodsky, Bloomington Public Health Emergency Preparedness Coordinator, gave a presentation on the public health emergency preparedness services provided to the City of Edina. Key aspects include planning for ability to respond to public health emergencies, evaluating resident's ability to respond to emergencies, planning for and exercising distribution of medication, vaccines and supplies, developing and preparing methods to deliver emergency messages to the public, planning communication to reach special populations such as limited English speaking, seniors, people with disabilities, building relationships with Police, Fire and Emergency management. A volunteer Medical Reserve Corp was established and an emergency preparedness tool kit for faith based communities, Ready, Set, Go was developed. A community based tool kit for emergency preparedness is being developed.

An example of public health emergency preparedness response is the recent H1N1 outbreak. Response actions included coordination with the Minnesota Department of Health, public messages regarding importance of vaccination and antiviral distribution to individuals in priority groups including those uninsured and underinsured, and organizing and conducting timely mass vaccination clinics in local schools.

Karen Zeleznak, Bloomington Public Health Director, gave a presentation on the community health and nursing services they provide to the City of Edina. Ms. Zeleznak gave a historical perspective of Community Health Services (CHS) funding for city/county public health services. The designated funds must be directed to specific community health programs. Included in these services are Community Health Assessment, Adult and Senior Services, Help Me Grow Program (child development), Safety Net of Services, (qualification depends on income), Women's Health Program, Clinical and Immunization Services, Maternal Child Health, Health Promotion (targeting youth), Creating A Voice (youth assets) and Nurse Clinics (replaced Home Care Program). Also discussed were the quarterly and annual reports. Bloomington staff is involved with the school district, the Edina Resource Center, the Edina Senior Center and several community groups. Ms. Zeleznak discussed the Statewide Health Improvement Program (SHIP), Tri-City Partners activities, community readiness for kids not doing drugs and additional information about the varied programs and their impact on the community.

Rose Jost, Bloomington Family Health Manager, reviewed efforts of Metro Alliance for Healthy Families, Help Me Grow Program and the Follow-Along Program for developing families. Ms. Jost also discussed working with youth via Tri-City Partners and Edina Sober Squad.

Karen Stanley, Bloomington Disease Prevention & Control/Clinical Services Manager, presented specific information on the Women, Infants and Children program and also the Sage Screening program for breast and cervical cancer. Ms. Stanley talked about the immunization funding, immunization for a lifetime, and immunization coordination with school nurses and child care centers.

Sue Sheridan, Bloomington Health Activities Supervisor, discussed her work with the Edina Seniors Program, efforts toward independent senior living, and methods to find seniors in need of assistance. Work is coordinated with Edina police, fire and health departments, local churches, family members, and adult protection for the quickest delivery of assistance to needy seniors.

Chair Kingston said Bloomington Public Health is an asset to Edina providing a high level of service to all residents, young and old. The Community Health Committee fully supports the professional efforts of Bloomington Public Health and highly endorses renewing services with them for 2011.

A motion was made by Member Longman and seconded by Member J. Johnson to support continuing the contract services with Bloomington Public Health for Community Health Services and also Public Health Emergency Preparedness Services for 2011. The vote was unanimous.

Chair Kingston thanked Zeleznak and her staff for their presentations and for the wide variety of programs, community involvement, and excellent service they provide to the City of Edina.

STATEWIDE HEALTH IMPROVEMENT PROGRAM

Committee members received a hand out on SHIP update of health activities in Edina. Ruth Tripp, Health Specialist and SHIP Grant Coordinator from Bloomington Public Health prepared the update for the meeting. To date, efforts have been focused on schools and community and now include activities in worksites and health care settings. They are encouraging worksite employees to increase physical activity during the work day by "Energize At Work". Local walking trail brochures have been developed and employers are encouraged to provide on-site exercise equipment for their employees. A two day Active Living Workshop is being planned and a vision for city walkability is being reviewed along with Safe Routes to School program. Day Care initiatives include the "LANA" nutrition program and "I Am Moving, I Am Learning" physical activity program.

Future activities will focus on recruiting additional worksites and healthcare settings to participate in more physical activity and improved nutrition.

SCHSAC ANNUAL MEETING REPORT

Member Longman gave a summary of the recent SCHSAC meeting which was themed "Looking, Leading, Moving Ahead". Topics presented at the conference included public health informatics, public health accreditation and health reform, Minnesota's "new normal" demographics, healthy workplace, mental health, and healthy eating.

HEALTH STAFF REPORTS

Liaison Engelman commented on the success of the new Centennial Lakes Farmers Market. Vendors will be surveyed for their ideas for improvements to the market.

Comments were also made regarding Edina's status as a governor's "Fit City" and possible promotion on the City Web site with a link to SHIP initiatives. Committee members favored the idea.

COMMUNITY COMMENT

None presented.

OTHER BUSINESS

None

ADJOURNMENT

Motion was made by Member Longman and seconded by Member Peterson to adjourn. Vote to adjourn was unanimous. Meeting adjourned at 8:30 pm.

Sherry Engelman

Next Meeting: March 15, 2011

2010 Meeting Dates: March 16 May 18 September 21 October 19